

Chadar – The Frozen River Trek

General information about the tour itinerary and the proposal

ITINERARY

1. Taking full pre-cautions in dealing with COVID 19 – wearing face mask, use of the sanitizers in public places, keeping social distance as per WHO guidelines
2. Our services are mindful of hygiene throughout the tour.
3. This is a serious challenging expedition therefore physical & mental fitness and resistance is required.
4. We suggest to please bring your own, good sleeping bags, trekking shoes, warm socks, warm thermal clothing, good waterproof jackets, Sunglasses, Ice axe, good torch, medicines & toiletry etc.
5. Focus of this expedition is Ice trek, Ladakh's winter life, culture, monks and monasteries.
 - Highest point is Leh 3505 mts/11500 ft
6. Climate, usually sunny days but dry chilly winds, temperature can drop to minus 20- 35 degree centigrade.
7. Regarding accommodation, while on trek we will try and make use of tents/caves/ local homes for night shelter

GENERAL INFORMATION ABOUT THE PROPOSAL

1. The price is based on 01 paying person in a Single Room and 02 paying persons sharing ONE room
2. The validity of the price is from January 2022 till March 2022
3. This is only an indicative price and will vary under the following circumstance
 - the price is based on the taxes, which are currently applicable. In case there is any change in the taxations, the cost
4. In this itinerary, some of the festivals or events, which can be experienced are: (festival dates for 2021 are not yet announced officially)
 - Spituk Gustor (in January/February month)
 - Stok Guru Tseschu (in February/March month)
 - Matho Nagrang (in February/March month)

HOTELS/MEALS

1. The hotels or tents follow the guidelines issued by the Government and World Health Organization to handle COVID-19 – the health, safety and hygiene protocols are followed:
 - Mandatory use of Protective gears i.e. masks for all our staff members and suppliers while present on hotel premises
 - Regular temperature checks upon entering the hotel
 - Sanitization of personnel, suppliers, associates and guests, of all surfaces
 - Deep cleaning and disinfection of common areas, guestroom, and restaurants
 - Ensuring social distancing in lobby, restaurant and all such areas
 - Use of hand sanitizers in all areas including restaurants
 - Sanitizing of guest luggage, supplies and such like.
2. The hotel included is Traditional Ladakhi style hotel with heating facility in Leh town and during trek simple and basic
3. Alpine trekking tents included with complete trekking arrangements - tents, thick mattresses, all meals, ponies/porters, service of cook, helper, trek guide, trek permission etc...
4. The check in time at the hotel is 08.00 am and check out time 10.00 am
5. The meal plan is with all meals (breakfast, lunch & dinner) throughout the stay in Leh and during trek.
6. During the meals – mineral water, soft drinks or any other kind of drinks are not included

TRANSPORT/DRIVER

1. We have taken all precautions towards COVID 19 – Hygiene and using mask by our drivers. The vehicle will have hand sanitizers and guests will also be provided with good quality masks.
2. The vehicle which we have included is a MEDIUM SIZED VEHICLE – the vehicle will be comfortable travel on the Indian roads
3. The vehicles are insured and our drivers are trained
4. They are well versed with the roads and the destinations
5. The drivers can understand English at a communicative level, if only spoken slowly.
6. The usage of the vehicle is as per the inclusions and as per the itinerary
7. When you are on the road using our vehicle – mineral water is with compliments (02 bottles per person per day)

LOCAL GUIDES

1. The guides will be different in each city. They will speak English
2. We will also have a trekking guide accompanying the clients
3. They will take you around the city – talk about the city in general, about the historical facts of the city, explain the history of the monasteries/monuments
4. The guide will also explain to you the do's and don'ts during the city tour and trek

ENTRANCE FEES TO THE MONASTERIES

1. We have included onetime MONASTERY FEE to each monastery as mentioned in the itinerary
2. The guide will be taking care of the same when he is accompanying you
3. There are camera fees at each monastery – the fees vary from monastery to monastery and also depends on the model and make of the camera
4. The monasteries open in the morning (the opening hours vary from monastery to monastery) and generally close by the sunset
5. During the visit of some monasteries there are restrictions – be it with regards to the dress or restriction on photography

Some of the main attractions are as follows:

1. Gentle walking tour to explore Leh town
2. Before trek starts visit Chilling village, the village known for the metal work craftsmanship.

AIRFARES

3. The flight schedules mentioned in the itinerary are subject to change without any notice
4. The fares will also vary as per the dates
5. The check in baggage allowance on the flights (Indigo, Go Air, Spice jet, Vistara) are 15 kilos per person per sector. Air India allows 25 kilos of check in baggage allowance

IMPORTANT NOTE

This is an extreme adventure in the Himalayan winter time, therefore mental and physical fitness is a must. On this adventure tour the temperature can be around to minus 20- 35 degree centigrade.

Please bring your own good sleeping bags, trekking shoes, warm socks, warm thermal clothing, good waterproof jackets, Sunglasses, Ice axe, good torch, medicines & toiletry etc.

We provide on all our treks experienced Trek Leader and Local Guides, one litre Oxygen cylinder and general medical Kit.